STEP 1

## **READY TO** SCREEN IT LIKE YOU MEAN IT?



# Get to know autoimmune type 1 diabetes Autoantibody screening is a potentially low-to-



type 1 diabetes (T1D) early—before possible lifethreatening complications and the need for insulin. Screening looks for diabetes-related autoantibodies. These autoantibodies are proteins that appear in the blood when the immune system mistakenly thinks

need insulin to convert blood sugar into energy. Type 1 diabetes can affect anyone, regardless of age, family history, or lifestyle choices. However, if a family member has it, your risk increases up to 15 times. Additionally, the risk of developing T1D can

be 2-3 times higher if you have another autoimmune condition, such as Hashimoto's, Graves', or celiac disease. Did you know? Type 1 diabetes occurs in 3 stages:

## Stage 1 type 1 diabetes Immune system mistakenly starts to

Stage 1

### attack insulin-producing beta cells 2+ autoantibodies (out of 5) found in blood

#### Blood sugar levels are within a normal range No visible symptoms

- Stage 2
- Immune system continues to attack beta cells

Stage 2 type 1 diabetes

#### Blood sugar levels are higher or lower than a normal range (dysglycemia)

2+ autoantibodies (out of 5) found in blood

## Still no visible symptoms

Stage 3 type 1 diabetes

found in blood

normal range

STEP 2

- Stage 3
- Too many beta cells are damaged and the body can't make enough insulin
- dependence begins

2+ autoantibodies (out of 5) may be

Blood sugar levels much higher than

Symptoms of high blood sugar are

- obvious, potentially life-threatening complications may occur, and insulin
- Screening can detect autoantibodies associated with type 1 diabetes before symptoms and

potentially serious complications begin. There

are many options for where to get screened —

Choose how to screen

for T1D autoantibodies

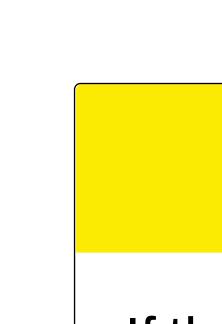


STEP 3

which offers a comprehensive and convenient solution to help with every step of screening for type 1 diabetes autoantibodies. **Explore Research Programs:** Options may be available for you or your

Another option is Screening Central

tested at a participating lab or using an



# **O AUTOANTIBODIES**

every year until the age of 18 if other

people in your family have type 1 diabetes.

1 AUTOANTIBODY

If the test finds 1 autoantibody, you or your loved

→ Ensuring that you are tested for **all five** T1D

Make a plan after you

Your autoantibody test could find:

get your results

one are at a higher risk for developing type 1 diabetes. Talk to your doctor about:

-> Rescreening every year to see if more

2+ AUTOANTIBODIES This is a sign that the earliest stages of

Screening for type 1 diabetes today can help spot type 1 diabetes early, before symptoms, and reduce the risk of dangerous complications at diagnosis.

Learn more about screening at screenfortype1.com

SCREEN AND KNOW SOONER

## Talk to your doctor: Starting with your doctor is an important step to getting screened for type 1 diabetes. Your doctor could help you get

**Screening Central:** 

potentially at low or no cost.

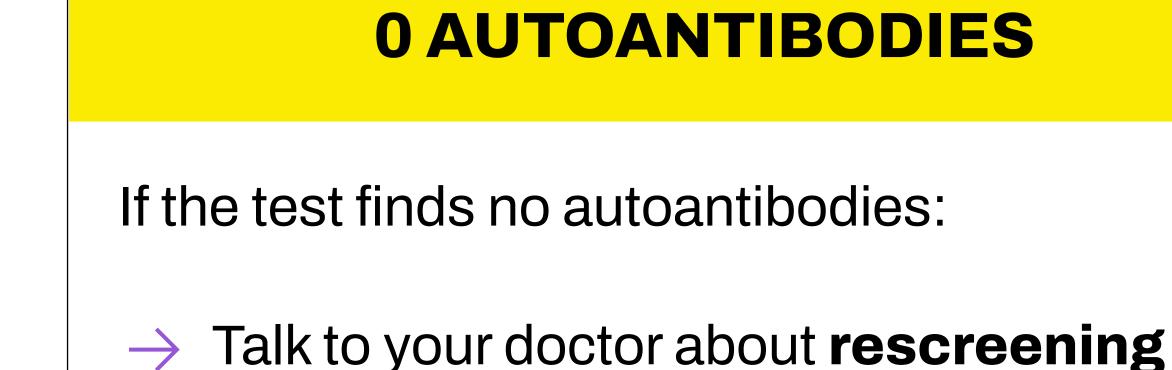
in-office kit.

not imply the endorsement of Sanofi.

loved ones with Autoimmunity Screening for Kids (ASK) or Type 1 Diabetes TrialNet.

These are not all of the screening options available. It's important to talk to

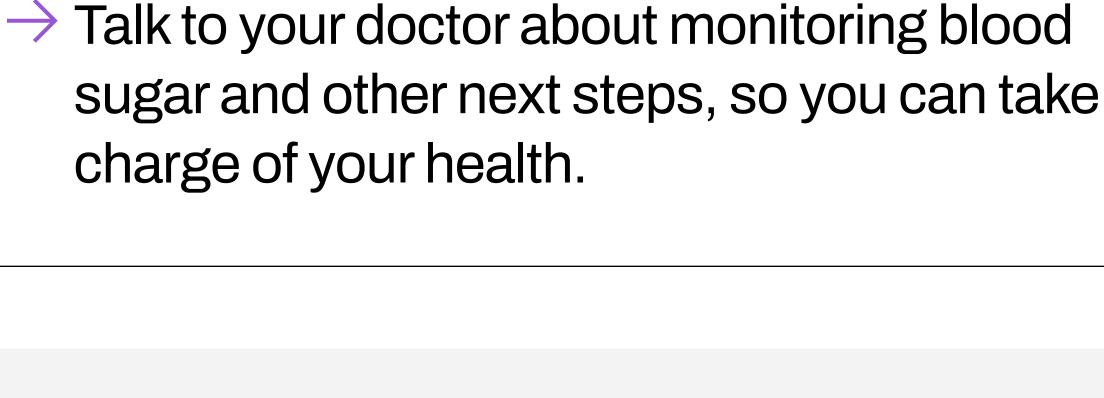
your doctor about the best screening option for you. Inclusion on this list does

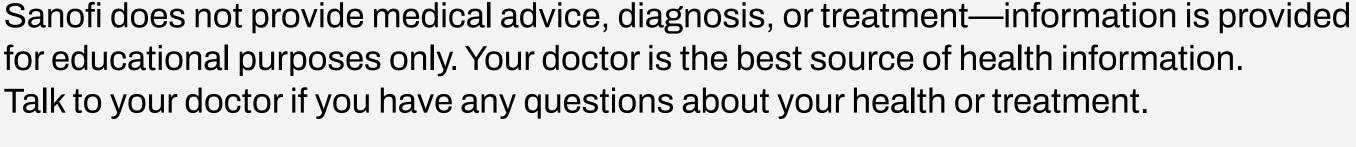


type 1 diabetes may have begun:

autoantibodies develop.

autoantibodies.



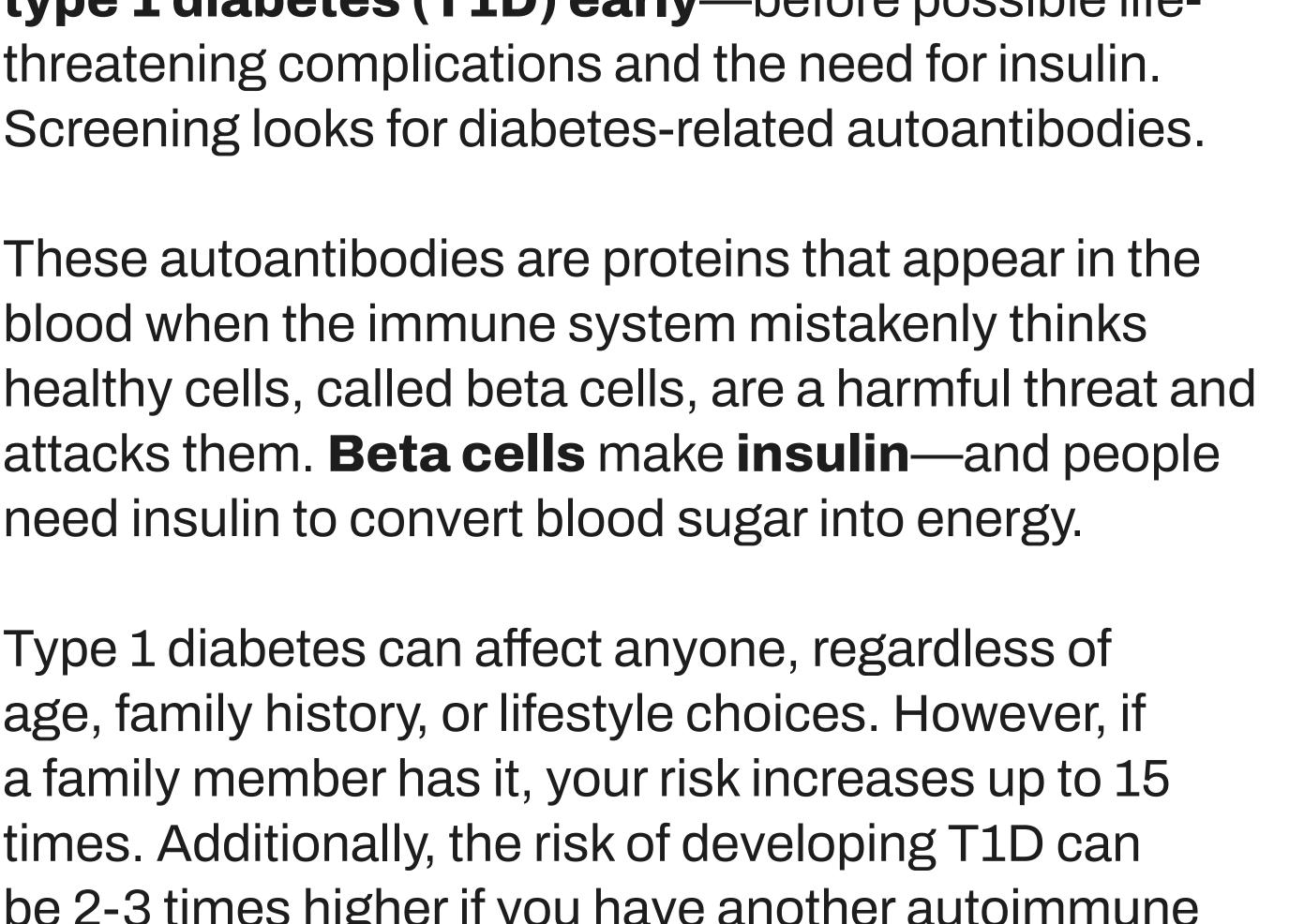


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no-cost blood test that can spot autoimmune



